Apl. Prof. Dr. med. Jonas Tesarz

1) General information

Date of birth: 22 June, 1979

Gender: male

Address: University Hospital Heidelberg

Department for General Internal Medicine

and Psychosomatics Im Neuenheimer Feld 410 D-69120 Heidelberg, Germany

Phone +49-(0)6221-5637862

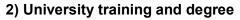
Email: jonas.tesarz@med.uni-heidelberg.de

Position: Managing Senior Physician

Head of the Specialty Care Unit for Chronic Pain Disorders

Head of the Heidelberg Outpatient Center for Clinical Pain Research

Children: one (* 2015) Parental leave, if applicable: 2016



2021 Medical Specialist for Psychosomatic Medicine and Psychotherapy

2014 Medical Specialist for Internal Medicine

2004 - 2005 Studies of Philosophy and Linguistics, Heidelberg University

2000 - 2007 Medical Degree, Medical Faculty Heidelberg, Heidelberg University

3) Advanced academic qualifications

2019 Adjunct professorship (apl.), University Heidelberg, Medical Faculty

2017 Habilitation, University Heidelberg, Medical Faculty;

Venia legendi for the field General Internal Medicine and Psychosomatics

2013 Doctoral Dissertation in Medicine, Mentor: Prof. Dr. S. Mense,

Institute of Anatomy & Cell Biology, University Heidelberg

4) Postgraduate professional career

Since 2017 Senior physician and assistant professor

Head of the Psychosomatic Consulting and Liaison Services; Department for

General Internal Medicine and Psychosomatics (Director: Prof. Dr. W.

Herzog), University Hospital Heidelberg, Germany

2017 - 2018 Research residence at the 'Cognitive and Affective Neuroscience Laboratory'

(Director: Prof. Dr. T. Wager), Department of Psychology and Neuroscience and the Institute for Cognitive Science, University of Colorado, Boulder,

USA

2008 - 2017 Resident for internal medicine and psychosomatics

Department for General Internal Medicine and Psychosomatics (Director: Prof.

Dr. W. Herzog), University Hospital Heidelberg, Germany

2008 - 2008 Research residence

Institute of Anatomy at the University of Heidelberg (Director: Prof. Dr. J.

Kirsch)

5) Other

Awards and honours:

2018 Günter-Jantschek Research Award for Psychosomatics in Internal Medicine,

German College of Psychosomatic Medicine (DKPM)

2015 Award For Young Scientists In Pain Research German Association for the

Study of Pain (DGSS)

Panels and coordinating functions:

Since 2022	Council of Scholar of the EMDRIA International
	(Chair of the Research Working Group)
Since 2022	German Guideline `Multimorbidity´
	(Mandate holder of the German College of Psychosomatic Medicine, DKPM)
Since 2018	German Guideline `Irritable Bowel Syndrome'
	Mandate holder of the German College of Psychosomatic Medicine, DKPM)
2018 - 2020	Scientific Advisory Board for the Journal Trauma and Violence ("Trauma &
	Gewalt")
Since 2018	German Guideline `Neuroborreliosis´
	(Mandate holder of the German College of Psychosomatic Medicine, DKPM,

 $(Mandate\ holder\ of\ the\ German\ College\ of\ Psychosomatic\ Medicine,\ DKPM,\ and\ of\ the\ German\ Society\ of\ Psychosomatic\ Medicine\ and\ Psychotherapy,$

DGPM)

Since 2017 Spokesperson of the Sino-German Alumni Network in Psychosomatic

Medicine and Psychotherapy (FKZ 01DO17043A)

6) Publications

A)

- Beiner V, Lucas V, Buhai D, Jesinghaus M, Vock S, Drusko A, Friederich H-C, Eich W, <u>Tesarz J</u>. Stress biomarkers in individuals with fibromyalgia syndrome: A systematic review with meta-analysis. **PAIN** (Editors Choice), accepted.
- Berens S, Banzhaf P, Baumeister D, Gauss A, Eich W, Schaefert R, <u>Tesarz J</u>. Relationship between adverse childhood experiences and illness anxiety in irritable bowel syndrome The impact of gender. **J Psychosom Res**;128:109846, 2020.
- <u>Tesarz J</u>, Eich W, Baumeister D, Kohlmann T, D'Agostino R, Schuster AK. Widespread pain is a risk factor for cardiovascular mortality: Results from the Framingham Heart Study. **Eur Heart J**; 40(20):1609-1617, 2019.
- Baumeister D, Eich W, Lerner R, Lutz B, Bindila L, <u>Tesarz J</u>. Plasma parameters of the endocannabinoid system are unaltered in fibromyalgia. **Psychother Psychosom**; 26:1-3, 2018.
- Gerhardt A, Eich W, Treede RD, <u>Tesarz J</u>. Conditioned pain modulation in patients with nonspecific chronic back pain with chronic local pain, chronic widespread pain, and fibromyalgia. **PAIN**; 158(3):430-39, 2017.

- <u>Tesarz J</u>, Eich W, Treede RD, Gerhardt A. Altered pressure pain thresholds and increased windup in adult patients with chronic back pain with a history of childhood maltreatment: a quantitative sensory testing study. **PAIN**; 157(8):1799-809, 2016.
- <u>Tesarz J</u>, Gerhardt A, Leisner S, Janke S, Treede RD, Eich W. Distinct quantitative sensory testing profiles in nonspecific chronic back pain subjects with and without psychological trauma. **PAIN**; 156(4):577-86, 2015.
- <u>Tesarz J</u>, Gerhardt A, Schommer K, Treede RD, Eich W. Alterations in endogenous pain modulation in endurance athletes: an experimental study using quantitative sensory testing and the cold-pressor task. **PAIN**; 154(7):1022-9, 2013.
- <u>Tesarz J</u>, Hoheisel U, Mense S. Tetrodotoxin-resistant fibres and spinal Fos expression: differences between input from muscle and skin. **Exp Brain Res**; 224(4): 571-80, 2013.
- <u>Tesarz J</u>, Hoheisel U, Wiedenhöfer B, Mense S. Sensory innervation of the thoracolumbar fascia in rats and humans. **Neuroscience**; 194:302-8, 2011.
- B) other publications: -
- C) Patents: -