

**PD Dr. JONAS TESARZ**

Date of birth: 22 June, 1979  
Gender: Male  
Address: University Hospital Heidelberg  
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Position: Head of the Psychosomatic Consulting and  
Liaison Services  
Children: One (\*2015)



**CURRICULUM VITAE**

**University education**

2000 - 2007 Medical Degree, Medical Faculty Heidelberg, Heidelberg University  
2004 - 2005 Studies of Philosophy and Linguistics, Heidelberg University

**Scientific degrees**

2017 Habilitation and Venia legendi in General Internal Medicine and Psychosomatics, Mentor: Prof. Dr. W. Eich, Medical Faculty, Heidelberg University, Germany  
2013 Doctoral Dissertation in Medicine, Mentor: Prof. Dr. S. Mense, Institute of Anatomy and Cell Biology, University of Heidelberg, Germany

**Professional experience**

Since 2017 Senior physician  
Head of the Psychosomatic Consulting and Liaison Services; Department for General Internal Medicine and Psychosomatics (Director: Prof. Dr. W. Herzog), University Hospital Heidelberg, Germany  
2017 - 2018 Research residence at the 'Cognitive and Affective Neuroscience Laboratory' (Director: Prof. Dr. T. Wager), Department of Psychology and Neuroscience and the Institute for Cognitive Science, University of Colorado, Boulder, USA  
Since 2014 Medical Specialist for Internal Medicine  
2008 - 2014 Resident for internal medicine and psychosomatics  
Department for General Internal Medicine and Psychosomatics (Director: Prof. Dr. W. Herzog), University Hospital Heidelberg, Germany  
2008 - 2008 Research residence Institute of Anatomy at the University of Heidelberg (Director: Prof. Dr. J. Kirsch)

**Academic functions and awards:**Panels and coordinating functions:

Since 2018	German Guideline Irritable Bowel Syndrom (Mandate holder of the German College of Psychosomatic Medicine, DKPM)
2017 - 2020	Sino-German Alumni Network in Psychosomatic Medicine and Psychotherapy (BMBF, FKZ 01DO17043A; project leader)
Since 2017	German Guideline Neuroborreliosis (Mandate holder of the German College of Psychosomatic Medicine, DKPM, and of the German Society of Psychosomatic Medicine and Psychotherapy, DGPM)
2011 - 2015	Research consortium „Localized and Generalized Muskuloskeletal Pain: Psychobiological Mechanisms and Implications for Treatment“ - Subproject 6: “Subgroups characterized by psychological trauma, mental comorbidity, and psychobiological patterns and their specialized treatment.” (BMBF,FKZ 10EC1010A-F; project leader Wolfgang Eich and Jonas Tesarz)

Reviewing Boards:

Since 2018	Scientific Advisory Board for the Journal Trauma and Violence ("Trauma & Gewalt")
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Awards and honours:

2018	Günter-Jantschek Research Award for Psychosomatics in Internal Medicine, German College of Psychosomatic Medicine (DKPM)
2016 - 2018	Postdoc-Fellowship of the “Physician Scientist”-Program of the Medical Faculty of Heidelberg
2015	Award for Young Scientists in Pain Research German Association for the Study of Pain (DGSS)

**A) Publications:**

Wettstein M, Eich W, Bieber C, Tesarz J. Pain intensity, disability, and quality of life in patients with chronic low back pain: Does age matter? **Pain Medicine** 2018.

Gerhardt A, Eich W, Treede RD, Tesarz J. Conditioned pain modulation in patients with nonspecific chronic back pain with chronic local pain, chronic widespread pain, and fibromyalgia. **Pain** 2017;158(3):430-439.

Tesarz J, Gerhardt A, Hartmann M, Kohlmann T, Eich W. The course of the spatial extent of pain in nonspecific chronic back pain: A prospective population-based cohort study with clinical evaluation. **The Clinical Journal of Pain** 2016;32(7):580-587.

Tesarz J, Eich W, Treede RD, Gerhardt A. Altered pressure pain thresholds and increased wind-up in adult patients with chronic back pain with a history of childhood maltreatment: a quantitative sensory testing study. **Pain** 2016;157(8):1799-1809.

Schuster AK, Harder BC, Schlichtenbrede FC, Jarczok MN, Tesarz J. Valacyclovir versus acyclovir for the treatment of herpes zoster ophthalmicus in immunocompetent

patients. **The Cochrane Database of Systematic Reviews** 2016;11:Cd011503.

Tesarz J, Gerhardt A, Leisner S, Janke S, Treede RD, Eich W. Distinct quantitative sensory testing profiles in nonspecific chronic back pain subjects with and without psychological trauma. **Pain** 2015;156(4):577-586.

Tesarz J, Hoheisel U, Mense S. Tetrodotoxin-resistant fibres and spinal Fos expression: differences between input from muscle and skin. **Experimental Brain Research** 2013;224(4):571-580.

Tesarz J, Gerhardt A, Schommer K, Treede RD, Eich W. Alterations in endogenous pain modulation in endurance athletes: an experimental study using quantitative sensory testing and the cold-pressor task. **Pain** 2013;154(7):1022-1029.

Tesarz J, Schuster AK, Hartmann M, Gerhardt A, Eich W. Pain perception in athletes compared to normally active controls: a systematic review with meta-analysis. **Pain** 2012;153(6):1253-1262.

Tesarz J, Hoheisel U, Wiedenhofer B, Mense S. Sensory innervation of the thoracolumbar fascia in rats and humans. **Neuroscience** 2011;194:302-308.

## **B) Patents: -**

### **Scientific collaborations beyond the planned Collaborative Research Centre**

Alexander Schuster, Dept. of Ophthalmology, University Medical Center Mainz, Mainz, Germany.

Beat Lutz, University of Mainz, Germany.

Tonny Elmoose Andersen, Dept. of Psychology, University of Southern Denmark, Denmark.

Ralph B. D'Agostino, Mathematics and Statistics Department, Boston University, USA.

Henrik Bjarke Vægter, Dept. of Clinical Research, Faculty of Health Sciences, University of Southern Denmark, Denmark.